

# Madelung Case

31 Y - Female

- Female, 31 years, left hand dominant
- Never diagnosed before.
- Short stature
- Bilateral deformity, symptoms from left hand
- Problem with functional related pain in both wrists, mostly the left wrist. No specific focus
- No swelling
- She has been told that she is born like that, so never thought much about it !!!!!.
- Just finished education to nursery home assistant

# Presentation

- Classic bilateral moderate Madelung
- Left DRUJ very lax with some pain
- ROM R/L: Extension: 65/50, flexion: 85/85, supination 80/80, pronation: 65/65 – No pain in active movement



